



KS5 ASDAN Personal and Social Development and Employability - Long term plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS5 Year 14's only.	Self-Care, Support and Safety	Self-Awareness	Managing Feelings	Changing and Growing	Healthy Lifestyles	The World We Live In
<p>Key focus</p> <p>The qualifications are open to all, regardless of age, background or qualifications, and there are no entry requirements. The qualifications at Entry 2, Entry 3, Level 1 and Level 2 are primarily intended for young people (aged 14+) and adults who are not yet ready for employment or in employment, but are developing knowledge and practising the skills required for the working environment.</p>	<p>Personal Safety (PSD) *Understand how to keep yourself safe when travelling around. *Be able to demonstrate ways to keep themselves safe in the home.</p> <p>Learning Through Work Experience (Employability) *Be able to prepare for learning in the workplace. *Agree what will be gained from this work placement and the suitability of this work placement. *To be able to carry out activities in the workplace. *To learn about health and safety in the workplace. *To learn how to ask for help and advice where necessary.</p>	<p>Managing Own Money (PSD) *Understand how to plan a personal budget. *Understand how to manage personal finances. *Know how to carry out transactions.</p> <p>Customer Service (Employability) * To understand how customers like to be treated and why it is important. * Understand your own role in providing a service to customers and why it is important. *To understand customer needs and how an organisation helps them. *To understand the organisation's customer service procedures and good practice standards.</p>	<p>Managing Social Relationships (PSD) *To understand how to interact with others in everyday familiar and unfamiliar social situations. *Demonstrate how to interact with others in everyday familiar and unfamiliar social situations.</p> <p>Tackling Problems at work (Employability) *To be able to recognise workplace problems. *To understand a problem and different ways of tackling it. *To be able to develop and follow a plan to tackle the problem. *To be able to review the effectiveness of and how they tackled the problem.</p>	<p>Managing Social Relationships (PSD) *To understand how to interact with others in everyday familiar and unfamiliar social situations. *Demonstrate how to interact with others in everyday familiar and unfamiliar social situations.</p> <p>Tackling Problems at work (Employability) *To be able to recognise workplace problems. *To understand a problem and different ways of tackling it. *To be able to develop and follow a plan to tackle the problem. *To be able to review the effectiveness of and how they tackled the problem</p>	<p>Healthy Eating (PSD) *To understand the importance of maintaining a balanced diet. *To understand the dietary needs of different groups.</p> <p>Healthy Living (PSD) *To understand the importance of leading a healthy lifestyle. *Demonstrate how they contribute to their own healthy lifestyle. *Review the activities taken to maintain a healthy lifestyle.</p>	<p>Learning Through Work Experience (Employability) *To be able to identify what has been learned in the workplace. *Review your workplace experience. *Describe what has been learned from your workplace experience. *State how the experience may affect your decisions about your own work/career choices.</p> <p>Managing Own Money (PSD) *Understand how to plan a personal budget. *Understand how to manage personal finances. *Know how to carry out transactions.</p>