



**KS5 ASDAN Personal and Social Development and Employability - Long term plan**

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>KS5 Year 14's only.</b>	Self-Care, Support and Safety	Self-Awareness	Managing Feelings	Changing and Growing	Healthy Lifestyles	The World We Live In
<p><b>Key focus</b></p> <p>The qualifications are open to all, regardless of age, background or qualifications, and there are no entry requirements. The qualifications at Entry 2, Entry 3, Level 1 and Level 2 are primarily intended for young people (aged 14+) and adults who are not yet ready for employment or in employment, but are developing knowledge and practising the skills required for the working environment.</p>	<p><b>Personal Safety (PSD)</b>            *Understand how to keep yourself safe when travelling around.            *Be able to demonstrate ways to keep themselves safe in the home.</p> <p><b>Learning Through Work Experience (Employability)</b>            *Be able to prepare for learning in the workplace.            *Agree what will be gained from this work placement and the suitability of this work placement.            *To be able to carry out activities in the workplace.            *To learn about health and safety in the workplace.            *To learn how to ask for help and advice where necessary.</p>	<p><b>Managing Own Money (PSD)</b>            *Understand how to plan a personal budget.            *Understand how to manage personal finances.            *Know how to carry out transactions.</p> <p><b>Customer Service (Employability)</b>            * To understand how customers like to be treated and why it is important.            * Understand your own role in providing a service to customers and why it is important.            *To understand customer needs and how an organisation helps them.            *To understand the organisation's customer service procedures and good practice standards.</p>	<p><b>Managing Social Relationships (PSD)</b>            *To understand how to interact with others in everyday familiar and unfamiliar social situations.            *Demonstrate how to interact with others in everyday familiar and unfamiliar social situations.</p> <p><b>Tackling Problems at work (Employability)</b>            *To be able to recognise workplace problems.            *To understand a problem and different ways of tackling it.            *To be able to develop and follow a plan to tackle the problem.            *To be able to review the effectiveness of and how they tackled the problem.</p>	<p><b>Managing Social Relationships (PSD)</b>            *To understand how to interact with others in everyday familiar and unfamiliar social situations.            *Demonstrate how to interact with others in everyday familiar and unfamiliar social situations.</p> <p><b>Tackling Problems at work (Employability)</b>            *To be able to recognise workplace problems.            *To understand a problem and different ways of tackling it.            *To be able to develop and follow a plan to tackle the problem.            *To be able to review the effectiveness of and how they tackled the problem</p>	<p><b>Healthy Eating (PSD)</b>            *To understand the importance of maintaining a balanced diet.            *To understand the dietary needs of different groups.</p> <p><b>Healthy Living (PSD)</b>            *To understand the importance of leading a healthy lifestyle.            *Demonstrate how they contribute to their own healthy lifestyle.            *Review the activities taken to maintain a healthy lifestyle.</p>	<p><b>Learning Through Work Experience (Employability)</b>            *To be able to identify what has been learned in the workplace.            *Review your workplace experience.            *Describe what has been learned from your workplace experience.            *State how the experience may affect your decisions about your own work/career choices.</p> <p><b>Managing Own Money (PSD)</b>            *Understand how to plan a personal budget.            *Understand how to manage personal finances.            *Know how to carry out transactions.</p>