Week One Menu Week commencing 20/02, 12/03, 17/04, 08,05, 05/06, 26/06, 17/07

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	BEEF BOLOGNESE PASTA BAKE	CHICKEN PIE	GAMMON	SAUSAGE PLAIT	BREADED FISH FINGERS
MAIN 2 (VEGETARIAN)	VEGGIE HOTPOT	MILD THAI RED CURRY WITH RICE	CHEESE & TOMATO PASTA BAKE	CHEESE, RED ONION & COURGETTE FRITTATA	CHEESE & TOMATO PIZZA
VEGETABLES	BROCCOLI CARROTS	WEDGES SWEETCORN PEAS	ROAST POTATOES* HONEY PARSNIPS CABBAGE	HERBY DICED POTATOES GREEN BEANS CAULIFLOWER	CHIPS* PEAS BAKED BEANS
DESSERTS	RASPBERRY RIPPLE CAKE & CUSTARD	JELLY SQUARES	PINEAPPLE UPSIDE DOWN CAKE & CUSTARD	SUMMER FRUITS CRUMBLE & CUSTARD	COCOA BROWNIE

Freshly baked bread, Salad bar & Fresh fruit available daily



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY **CREAMY CAJUN** MAIN 1 **ROAST PORK & BEEF CHILLI & NACHOS PEPPERONI PASTA BAKE BREADED FISH** CHICKEN APPLE SAUCE WITH RICE PENNE PASTA **VEGGIE TIKKA ROASTED PEPPER**, TOMATO BASIL & HALOUMI SALAD MAIN 2 CHEESE & TOMATO MASALA WITH **TOMATO &** CHEESE QUICHE WRAPS (VEGETARIAN) PIZZA PILAU RICE CHEESE PASTA BAKE GARLIC & ROSEMARY CHIPS* **ROAST POTATOES* MEDITERRANEAN VEGGIE** BROCCOLI POTATOES COUS COUS VEGETABLES PEAS ROASTED GREEN BEANS SWEETCORN PEAS MIXED VEGETABLES CARROTS **BAKED BEANS** CAULIFLOWER APPLE CRUNCH COCOA & BEETROOT CHERRY SPONGE & LEMON DRIZZLE CAKE DESSERTS SLICE & ICE CREAM & CUSTARD CAKE CUSTARD CUSTARD

Freshly baked bread, Salad bar & Fresh fruit available daily

Week **Three** Menu

e-p

Week Commencing 06/03, 27/03, 01/05, 22/05, 19/06, 10/07

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SPRING/ SUMMER MENUS 2023

* Indicates Fried Food

There are Gluten, Dairy and Egg free options also available if your child has any allergies.

There is a selection of freshly made sandwiches/rolls, plated salads, and jacket potatoes available daily - please look at cypad for a full list of lunch options.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN 1	SWEET CARIBBEAN CHICKEN WITH RICE & PEAS	PORK MEATBALLS & SPAGHETTI	CHICKEN & STUFFING	BEEF GOULASH WITH STEAMED RICE	BREADED FISH FINGERS		
MAIN 2 (VEGETARIAN)	MAC & CHEESE	CHEESE & ONION PINWHEELS	QUORN ROAST IN GRAVY	VEGGIE CHILLI & NACHOS WITH STEAMED RICE	CHEESE & TOMATO PIZZA		
VEGETABLES	ROASTED VEGGIE MIX PEAS	HERBY DICED POTATES PEAS CARROTS	ROAST POTATOES* CAULIFLOWER CHEESE BROCCOLI	SWEETCORN CARROTS	CHIPS* PEAS BAKED BEANS		
DESSERTS	ICED SPRINKLY SPONGE	JAM SPONGE SLICE	CHOCOLATE MOUSSE	FRUITY FLAPJACK	COOKIES		
Freshly baked bread, Salad bar & fresh fruit available daily							

All menus are subject to change, and daily specials may be available

