



WEEK 1: 3 Nov, 24 Nov, 15 Dec, 5 Jan, 26 Jan, 23 Feb, 16 Mar

**SUPER
CHARGE
YOUR
LUNCH!**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Beef Burger	Chicken Pie & Gravy	Roast Chicken with Stuffing & Gravy	Quorn Dipper Taco with Sweet Chilli Sauce (Ve)	Fish Fillet Fingers
MAIN MEAL 2	Potato Frittata (v)	Swedish Style Plant-Based Meatballs (New) (v)	Plant-Based Shepherds Pie (Ve)	Mac 'n' Cheese (v)	Margherita Pizza (v)
PART HALAL	0	0	Halal Roast Chicken with Stuffing & Gravy	0	0
SIDE DISH	Potato Wedges or Pasta	Mashed Potatoes or Pasta	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Herby Garlic Bread	Chips or Tricolour Pasta
DESSERT	Apple Strudel & Custard (v) (50% Fruit)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve) (50% Fruit)	Chocolate Orange Jelly Mousse (v) (New)	Gingerbread Biscuit (v)

HCL_Winter25_Hero_PartHalal

**BECOME
A SUPER
HEALTHY
SUPER
HERO!**



Vegetables and a variety of salads are served daily. V = Vegetarian Ve = Vegan.



@hclcatering

www.hcl.co.uk



WEEK 2: 10 Nov, 1 Dec, 12 Jan, 2 Feb, 2 Mar, 23 Mar

**SUPER
CHARGE
YOUR
LUNCH!**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Quorn Hotdog (v)	Pork Sausages & Gravy	Roast Beef & Gravy	Chicken Curry	Fish Fillet Fingers
MAIN MEAL 2	Margherita Wrap (v)	Roasted Butternut Squash Curry (Ve)	Roast Quorn Fillet (Ve) with Stuffing & Gravy	Breaded Bean & Vegetable Grill (Ve)	Margherita Pizza (v)
PART HALAL	0	0	Halal Roast Chicken with Stuffing & Gravy	0	0
SIDE DISH	Potato Wedges or Pasta	Mashed Potatoes or Brown & White Rice	Roast Potatoes or Wholemeal Pasta	Brown & White Rice or Pasta	Chips or Tricolour Pasta
DESSERT	Pear & Apple Crumble & Chocolate Custard (50% Fruit) (v)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (50% Fruit) (Ve)	Iced School Sponge (v)	Favourite Cookie (Ve)

HCL_Winter25_Hero_PartHalal

**BECOME
A SUPER
HEALTHY
SUPER
HERO!**





WEEK 3: 17 Nov, 8 Dec, 19 Jan, 9 Feb, 9 Mar

**SUPER
CHARGE
YOUR
LUNCH!**



**BECOME
A SUPER
HEALTHY
SUPER
HERO!**



HCL_Winter25_Hero_PortHalal

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Beef Bolognese	Breaded Chicken Katsu Curry	Roast Chicken with Stuffing & Gravy	Quorn Burger (v)	Battered Fish Fillet
MAIN MEAL 2	Plant-Based Grill (Ve)	Cheese Pinwheel (v)	Plant-Based Sausages & Gravy (Ve)	Vegetarian Lasagne (v)	Margherita Pizza (v)
PART HALAL	0	0	Halal Roast Chicken with Stuffing & Gravy	0	0
SIDE DISH	Spaghetti or Potato Wedges	Brown & White Rice or Pasta	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Herby Garlic Bread	Chips or Tricolour Pasta
DESSERT	Fresh Fruit Wedges (Ve)	Oaty Fruit Crunch (Ve) (50% Fruit)	Fresh Fruit Jelly (Ve) (50% Fruit)	Apple Sponge & Custard (v)	Chocolate Brick Wall (Ve)

