WEEK 1

1 Sept, 21 Sept, 12 Oct, 2 Nov, 23 Nov, 14 Dec, 4 Jan, 25 Jan, 22 Feb, 15 Mar

Hero Winter Menu 26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Pork Sausages & Gravy	Mexican Bean Burrito (v)	Roast Chicken with Stuffing & Gravy	Chicken Pie & Gravy	Fish Fillet Fingers
MAIN MEAL 2	Sweet Potato & Chickpea Curry (Ve)	Mac 'n' Cheese (v)	Roast Quorn Fillet with Stuffing & Gravy (Ve)	Breaded Bean & Vegetable Grill (Ve)	Margherita Pizza (v)
DESSERT	Oat & Raisin Cookie (Ve)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve)	Apple Crumble & Custard (v)	Chocolate Brick Wall (Ve)

Yoghurts and breads and a variety of fruit, vegetables, salads are served daily. **V = Vegetarian Ve = Vegan.**

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WEEK 2

7 Sept, 28 Sept, 19 Oct, 9 Nov, 30 Nov, 11 Jan, 1 Feb, 1 Mar, 22 Mar

Hero Winter Menu 26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Chicken & Sweetcorn Meatballs with Sweet & Tangy Sauce 	Chicken Curry 	Roast Beef with Yorkshire Pudding & Gravy 	Quorn Burger (v) 	Battered Fish 
MAIN MEAL 2	Sunshine Eggs with Baked Beans (v) 	Cheese Pinwheel (v) 	Quorn Fillet with Stuffing & Gravy (Ve) 	Veggie Bolognese (Ve) 	Margherita Pizza (v) 
DESSERT	Shortbread (Ve) 	Fresh Fruit Wedges (Ve) 	Fresh Fruit Jelly (Ve) 	Pear & Chocolate Sponge & Chocolate Custard (v) 	Jammy Cookie (Ve) 

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WEEK 3

14 Sept, 5 Oct, 16 Nov, 7 Dec, 18 Jan, 8 Feb, 8 Mar

Hero Winter Menu 26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Beef Bolognese 	Quorn Hotdog (v) 	Roast Chicken with Stuffing & Gravy 	Beef Burger 	Fish Fillet Fingers 
MAIN MEAL 2	Vegan Quorn Sausage & Gravy (Ve) 	Roasted Veg Lasagne (v) 	Beany Pasta Bake (Ve) 	Baked Bean Slice (Ve) 	Margherita Pizza (v) 
DESSERT	Fresh Fruit Wedges (Ve) 	Carrot Cake (v) 	Fresh Fruit Jelly (Ve) 	Apple Charlotte Pudding & Custard (v) 	Chocolate Raisin Cookie (Ve) 

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