



KS2 PE - Long term plan

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Note
2AG /FM	Topic	PE Create Personal	PE Create Personal skills	PE Create Cognitive	PE Create Creative	PE Create Physical	PE Create Health and fitness	
	Key focus	<p><i>Students will be working toward the following objective statements:</i></p> <p>Level 1 - I can work sensibly with others, taking turns and sharing.</p> <p>Level 2 - I can help, praise and encourage others in their learning.</p> <p>Lessons will focus on improving the following Fundamental movement skills (FMS)</p> <p>Dynamic Balance to Agility - Jumping and Landing Static Balance - Seated</p>	<p><i>Students will be working toward the following objective statements:</i></p> <p>Level 1 - I can work on simple tasks by myself.</p> <p>I can follow instructions and practise safely.</p> <p>Level 2 - I ask for help when appropriate.</p> <p>I try several times if at first I don't succeed</p> <p>Lessons will focus on improving the following Fundamental movement skills (FMS)</p> <p>Coordination - Footwork Static Balance - One leg</p>	<p><i>Students will be working toward the following objective statements:</i></p> <p>Level 1 - I can understand and follow simple rules.</p> <p>I can name some things I am good at.</p> <p>Level 2 - I can begin to order instructions, movements and skills.</p> <p>I can explain why someone is working or performing well.</p> <p>With help, I can recognise similarities and differences in performance.</p> <p>Lessons will focus on improving the following Fundamental movement skills (FMS)</p> <p>Dynamic balance - On a line Static Balance - Stance</p>	<p><i>Students will be working toward the following objective statements:</i></p> <p>Level 1 - I can explore and describe different movements.</p> <p>Level 2 - I can begin to compare my movements and skills with those of others.</p> <p>I can select and link movements together to fit a theme.</p> <p>Lessons will focus on improving the following Fundamental movement skills (FMS)</p> <p>Coordination - Ball skills Counter Balance - With a partner</p>	<p><i>Students will be working toward the following objective statements:</i></p> <p>Level 1 - I can perform a single skill or movement with some control.</p> <p>I can perform a small range of skills and link two movements together.</p> <p>Level 2 - I can perform a range of skills with some control and consistency.</p> <p>I can perform a sequence of movements with some changes in level, direction or speed.</p> <p>Lessons will focus on improving the following Fundamental movement skills (FMS)</p> <p>Coordination - Sending and receiving Agility - Reaction/Response</p>	<p><i>Students will be working toward the following objective statements:</i></p> <p>Level 1 - I am aware of why exercise is important for good health.</p> <p>Level 2 - I can say how my body feels before, during and after exercise.</p> <p>I use equipment appropriately and move and land safely.</p> <p>Lessons will focus on improving the following Fundamental movement skills (FMS)</p> <p>Agility - Ball Chasing Static Balance - Footwork</p>	<p><i>Swimming lessons to take place when restrictions allow</i></p>