



**KS5 Walking Football - Long term plan**

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Topic</b>	<p>Higher level group - Passing and introduction to match positions.</p> <p>Lower level - Passing and basic ball control</p>	<p>Higher level - Passing and movement within a match situation.</p> <p>Lower level - Moving and turning with the ball.</p>	<p>Higher-level Off ball movement and running at speed with the ball.</p> <p>Lower level - Ball control.</p>	<p>Higher-level - Attacking and defending as a team.</p> <p>Lower level - Introduction to match positions and teamwork.</p>	<p>Higher-level - Basic match tactics.</p> <p>Lower level - Shooting and ball striking.</p>	<p>Higher-level Defending and attacking set plays in a match situation.</p> <p>Lower level - Playing in a match and developing ball skills.</p>