

**Long Term Plan - Forest School**  
**Key Stage 5**

**Forest School is an option with KS5. If chosen as an option, students cover the curriculum below.**

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| <b>Overview</b> | <p><b>Materials</b><br/>Students will independently prepare materials to be used. This may include: chopping wood to an appropriate thickness, organising materials or categorising which type of wood is to be used for which activity.</p> <p>Students will be able to explain why they have completed a task.</p> | <p><b>Team Building</b><br/>Students will verbally plan their own team building activity, suitable for their peers.</p> <p>Students will explain the rules to an adult/peer of their own team building games. Students will lead each team building activity and take part.</p> | <p><b>Fire making</b><br/>Students will have an understanding of how to build a safe fire.</p> <p>Students will build fires independently.</p> <p>Students will light the fire independently.</p> <p>Students will independently follow health and safety guidelines and will keep themselves safe.</p> | <p><b>Bushcraft</b><br/>Students will independently build wooden water resistant dens, suitable for humans.</p> <p>Students will consider elements of weather when building the dens.</p> <p>Students will understand why dens could be made.</p> | <p><b>Tools</b><br/>Students will set up a safe tool area using health and safety guidelines</p> <p>Students will work safely as a team.</p> | <p><b>Cooking</b><br/>Students will cook a range of foods including soups and curries.</p> <p>There will be cross-curricular links with maths where students will be measuring, chopping and frying food.</p> <p>Students will work out the measurements of each ingredient needed for their recipe.</p> |
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Site maintenance - students will undertake jobs around the school site, keeping the school grounds clean and tidy. After each session, students will ensure the Forest School area is kept clean, tidy and safe for all students.