



Week One Menu Week Commencing 05/09, 26/09, 17/10, 14/11, 05/12, 09/01, 30/01



Autumn/ Winter Menus 2022/23

v - Vegetarian Option

There are Gluten, Dairy and Egg free options also available if your child has any allergies.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	BEEF STIR FRY CHEESE & ONION PASTY v	CHICKEN & DUMPLINGS VEGGIE LASAGNE v	ROAST PORK & APPLE SAUCE QUORN ROAST v	TOAD IN THE HOLE WITH ONION GRAVY NO CHICKEN PIE v	BREADED FISH FINGERS CHEESE & TOMATO PIZZA v
STARCHY DISHES	NOODLES WEDGES	HERBY BUTTERED POTATOES	ROAST POTATOES	MASHED POTATO	CHIPS
VEGETABLES	BROCCOLI CARROTS	SWEETCORN GREEN BEANS	CARROTS CABBAGE	CAULIFLOWER BROCCOLI	PEAS BAKED BEANS
DESSERTS	JAM SPONGE & CUSTARD	RASPBERRY SHORTBREAD	COCOA & BEETROOT CAKE	CHERRY MUFFINS	ICE CREAM

Freshly baked bread, Salad bar & Fresh fruit available daily



Week Two Menu Week Commencing 12/09, 03/10, 31/10, 21/11, 12/12, 16/01, 06/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	CHICKEN TIKKA MASALA WITH NAAN BREAD ROASTED RED ONION & BROCCOLI QUICHE v	BEEF BOLOGNESE VEGGIE BURRITO v	ROAST CHICKEN & STUFFING CHEESE & TOMATO PASTA BAKE v	PORK & LEEK PASTA VEGGIE CHILLI & NACHOS v	BREADED FISH CHEESE & TOMATO PIZZA v
STARCHY DISHES	STEAMED RICE SAUTE NEW POTATOES	SPAGHETTI HERBIE DICED POTATOES	ROAST POTATOES	STEAMED RICE	CHIPS
VEGETABLES	MIXED VEG CAULIFLOWER	PEAS CARROTS	BROCCOLI CAULIFLOWER CHEESE	GREEN BEANS SWEETCORN	PEAS BAKED BEANS
DESSERTS	APPLE CRUNCH SLICE & CUSTARD	CHOCOLATE MARBLE CAKE & CHOCOLATE SAUCE	MANDARIN JELLY	PINEAPPLE SPONGE & CUSTARD	COCOA BROWNIE

Freshly baked bread, Salad bar & Fresh fruit available daily



Week Three Menu Week Commencing 19/09, 10/10, 07/11, 28/11, 02/01, 23/01

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	CREAMY CHICKEN & VEG SLICE MAC & CHEESE v	SAUSAGE & BEAN HOTPOT VEGGIE SAUSAGES v	ROAST GAMMON FRITTATA v	COTTAGE PIE VEGGIE BOLOGNESE v	BREADED FISH FINGERS CHEESE & TOMATO PIZZA v
STARCHY DISHES	SLICED POTATOES	MASHED POTATOES	ROAST POTATOES	PASTA TWISTS	CHIPS
VEGETABLES	CARROTS SWEETCORN	CAULIFLOWER BROCCOLI	HONEY PARSNIPS CARROTS	GREEN BEANS MIXED VEG	PEAS BAKED BEANS
DESSERTS	ICED SPRINKLY SPONGE	WINTER BERRY CRUMBLE & CUSTARD	FRUIT MOUSSE	LEMON DRIZZLE FLAPJACK	COOKIES

Freshly baked bread, Salad bar & fresh fruit available daily

