



KS5 ASDAN Life Skills Challenges - Long term plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>KS5 Years 12, 13 and 14</p>	<p>Students work throughout the academic year on their individualised Life Skills Challenges. Each challenge is 10 learning hours and challenges start at Entry 1 up to Level 2/3.</p> <p>At the start of each term they work closely with their teacher and support staff to decide which Life Skills Challenges they would like to undertake and a plan is then organised for that term.</p> <p>At the end of the term, the work completed is moderated and the plan for the next term begins.</p> <p>At the end of the year students will receive certificates to confirm all the Life Skills Challenges they have received.</p> <p>Students can achieve an unlimited amount of challenges over the course of the academic year which allows for a personalised approach to their learning incorporating motivation and engagement.</p> <p>Life skills challenges follow the 'Preparing for Adulthood Pathway' with a clear focus on the 4 areas Community Inclusion, Employment, Good Health, Independent Living and Housing.</p>					
<p>Key focus</p> <p>To develop a wide and varied approach to learning to support individual students with a personalised curriculum.</p>	<p>Clear pathways are created for each student to identify Life Skills Challenges suitable for them.</p> <p>Each term students will achieve a life skills challenge from Entry 1 to Level 2/3 depending on their individual levels of attainment.</p> <p>The subjects students can gain life skills challenges are: -</p> <p>Citizenship, Design & Technology, English, Expressive Arts, Geography, History, Languages, Mathematics, Physical Education, PSHE, RSE and Science.</p> <p>Within these subjects students gain skills in these 6 areas: -</p> <p>Ability to learn, IT skills, Literacy, Numeracy, Problem Solving and Teamwork.</p> <p>For students who are interested more in the vocational areas there are 9 areas available to them: -</p> <p>Computing, Construction, Hair & Beauty, Health & Social Care, Hospitality and Catering, Land-Based, Manufacturing, Media and sport and Leisure</p>					



KS5 ASDAN Personal and Social Development and Employability - Long term plan
Linked to whole school PSHE long term plan for KS5 (This is run on a three year programme)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS5 Year 14's only. 2023-2024 Level 1 Units	Health and wellbeing SEND links- Healthy lifestyles	Health and wellbeing SEND links- Healthy lifestyles and Self care and safety	Living in the wider world SEND links- Self Awareness and The World I live in	Living in the wider world SEND links- The World I live in	Relationships and Sexual Health Education SEND links- Managing feelings, and Changing and Growing	Relationships and Sexual Health Education SEND links- Self care and support, and Changing and Growing
Key focus The qualifications are open to all, regardless of age, background or qualifications, and there are no entry requirements. The qualifications at Entry 2, Entry 3, Level 1 and Level 2 are primarily intended for young people (aged 14+) and adults who are not yet ready for employment or in employment, but are developing knowledge and practising the skills required for the working environment.	Healthy Eating (PSD) Understand the importance of maintaining a balanced diet Understand the dietary needs of different groups Food safety in the home and in the community (PSD) Understand the importance of handling food safely Understand the importance of personal hygiene when handling food Understand the importance of cleaning a food work area Understand the importance of handling food safely	Managing own money (PSD) Understand how to plan a personal budget Understand how to manage your personal finances Know how to carry out transactions Preparation for Work (PSD) Understand how your own skills and qualities relate to those needed for working life Research personal career opportunities Your money in the future (PSD) Understand the benefits of saving Understand the impact	Career Exploration (Employability) Be able to identify a career goal and explore routes to achieving the goal. Be able to identify skills and qualities appropriate to a chosen career. Be able to prepare for a career interview. Be able to review the outcomes of a career interview. Exploring job opportunities (Employability) Be able to identify suitable job opportunities. Be able to identify steps for working towards getting a job	Opportunities for Learning and work (Employability) Understand the value of lifelong learning Understand that there is a range of opportunities for learning Understand that there is a range of opportunities for working Be able to explore options for learning and work Be able to explore learning and work options for working towards a particular career Maintaining Work Standards (Employability) Understand why employees are expected	Healthy Living (PSD) Understand the importance of leading a healthy lifestyle Demonstrate how you contribute to your own healthy lifestyle Review the activities undertaken to maintain a healthy lifestyle Identity and cultural diversity (PSD) Understand aspects of cultural diversity Develop strategies to challenge antisocial behaviour Understand the value of respect and understanding	Individual rights and responsibilities (PSD) Understand your individual rights Understand your individual responsibilities



	<p>Handle food safely</p>	<p>of major life decisions on finance Understand how decisions about managing your money affects longer term security</p>	<p>Applying for a job (Employability) Be able to carry out activities to apply for a job. Be able to prepare for and take part in an interview and to learn from the experience.</p> <p>Health and Safety in the Workplace (Employability) Understand rights and responsibilities relating to workplace health and safety Understand health and safety arrangements in your own workplace Understand how to prevent and deal with accidents Be able to perform workplace tasks safely.</p>	<p>to comply with workplace standards and codes of conduct Know what standards are required in your own organisation Be able to plan for, and meet timekeeping and attendance requirements of your own organisation Be able to complete activities to specified work standards</p> <p>Communicating with others at work (Employability) Understand how communication takes place in your own organisation Be able to communicate appropriately with others at work</p> <p>Customer Service (Employability) Understand why good customer service is important Understand customer needs and how your own organisation tries to meet them Understand your own organisation's customer service procedures and good practice standards Be able to provide good</p>		
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