



Term	PSHE Theme	Topics to be covered in the half term
Autumn 1	Health and wellbeing SEND links- Healthy lifestyles	Mental Health intro, including resilience Social Anxiety Grief + Bereavement Social Media + Self Esteem Managing time online- Screen Time Introduction to alcohol and the law
Autumn 2	Health and wellbeing SEND links- Healthy lifestyles and Self care and safety	Binge Drinking, Tattoos + Piercings safety awareness Awareness and addiction Sun safety, including sunbeds Personal Safety- awareness of knife crime and acid attacks Homelessness
Spring 1	Living in the wider world SEND links- Self Awareness and The World I live in	Employability- attitudes for living in the wider workplace Managing our time effectively and Study Skills Rights and Responsibilities Equality Fake News and AI Media Awareness
Spring 2	Living in the wider world SEND links- The World I live in	Anti social behaviour Racism, BLM and Activism Gangs and Crime County Lines (drug mules) The Criminal Justice System Prejudice and Discrimination- disability
Summer 1	Relationships and Sexual Health Education SEND links- Managing feelings, and Changing and Growing	Managing conflict Safe relationships Crushes, strong feelings and sexual attraction Readiness for intimacy, including safe sex Same Sex and LGBT attraction
Summer 2	Relationships and Sexual Health Education SEND links- Self care and support, and Changing and Growing	Gender and Transgender Identity, Sexism and Gender Prejudice Forced + Arranged Marriages, Harassment + Stalking, Sexting and Revenge Porn



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